



Hello, Penn-Jersey, and welcome to the December 2014 newsletter. In this edition, you'll find information on the following:

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President's Corner :

Hello Member of the Penn-Jersey Chapter. I just wanted to take a moment to wish you and your family a very safe and healthy holiday season. As 2014 comes to a close I always take a few minutes to look back at decide what I can do to make next year better for myself and the people that I come into contact with. For 2015, I am going to make it my year of "Thank You." All too often we forget to say those two little words to each other. So I want to begin by saying to each of you "Thank You" for being the incredible safety professionals you are and for all your help supporting our chapter.

See you in 2015!

Danielle DiGironimo

What's New

New from ASSE – It is time once again for students around the world to sharpen their pencils and charge up their video cameras as the American Society of Safety Engineers announces the kick-off of its 2015 Workplace Safety Poster and Video Contest in recognition of North American Occupational Safety and Health (NAOSH) Week. ASSE invites children ages 5 to 13 to create posters, and children 14 to 18 to create videos, celebrating this year's theme: "Everyplace Is Someone's Workplace."

First place finishers in each age group will receive \$1,000 in cash. The deadline for

submissions is March 31, 2015 with winners announced on or before April 15, 2015. Awards will be presented to the top winners in each of four age groups of the poster contest and each of three age groups for the video contest during the week of May 3-9, 2015. Check www.asse.org/naosh for details.

Winter travel reminders - Drivers should consider emergency travel supplies as an essential part of preparing their car for winter driving. Every driver should consider their personal needs, when preparing emergency supplies. Ensure your vehicle is in good repair (check tire pressure, wipers, fluid levels, battery, etc.) If special medications are necessary, pack extra in the event you are stranded away from home. The Red Cross, National Weather Service and most state police agencies offer suggestions for emergency winter travel supplies. Here's a list of items you should consider before your next road trip.

- Flashlight and extra batteries
- Blankets or sleeping bags
- Booster cables for starting automobile
- Fire extinguisher (5 lb., A-B-C type)
- First aid kit and manual
- Bottled water
- Non-perishable high-energy foods, such as granola bars, raisins or peanut butter
- Compass or GPS and road maps
- Shovel
- Tire repair kit and pump
- Flares and/or reflective emergency triangles
- Extra dry clothing
- Sack of sand or kitty litter(for tire traction)
- Tow rope
- Knife
- Pencil and paper
- Candles(even one lit candle can provide emergency heating)
- Matches
- Cell phone (or at least quarters to make telephone calls at a pay phone)
- Red bandanna (tie to car antenna when help is needed)

Upcoming Events

Technical Meeting – None for December. The executive board will hold a planning meeting on Dec 16th at Mastoris Diner. This meeting is open to any members that would like to attend. Please RSVP to cglakin15@comcast.net for an accurate head count. For planning purposes, our next technical session in the New Year is scheduled for Tuesday, Jan 20th, and the topic is ‘Technology in Safety’.

Professional Development opportunity, January 22, 2015 – The ASSE Hudson River Valley Chapter is hosting a full day Professional Development Seminary and Vendor Show designed to help today's EH&S professional in addressing various hot topic issues. The seminar will consist of various concurrent PDC leaning experiences providing some of the most current, up to date information presented by leading speakers in the EH&S field. The sessions will address issues including Fall Protection, Cranes, Drugs in the workplace, Asbestos Regulations, Slips, Trips and Falls, Recordkeeping and more!

A ten (\$10) fee includes access to all of the PDC educational sessions, vendor show and lunch. Payment can be made by visiting the chapter website HUDSONRIVERVALLEY@ASSE.ORG and using Pay Pal (preferred). There will be a \$5 late fee for Pay Pal registrations after January 15th, 2015.

This year's PDC will begin with a Keynote presentation for all attendees. The Keynote Speaker will be Mr. Ed Jerome, Past Area Director for OSHA's Albany Office.

Please make sure to bring your member ID. Attendance at the conference will provide 0.5 CEU's to be awarded. The event location is the Rockland Fire Training Center at 35 Firemen's Memorial Drive in Pomona, NY from 9am – 6 pm. Further details can be found at HUDSONRIVERVALLEY.ASSE.ORG/EVENTS.

Have Something to Share with the Chapter?
Contact our newsletter editor, Cynthia Baldwin at chiefbee25@gmail.com.

*Have a Safe and Happy
New Year!
Penn-Jersey Executive Board*