



Hello, Penn-Jersey, and welcome to the October 2016 newsletter. In this edition, you'll find information on the following:

- **What's New**
- **Upcoming Events**
- [Newsroom - Government Affairs](#)
- [OSHA Quick Takes](#)
- [Howard Talks Tech](#)

## President's Message to Chapter

Good Day Penn-Jersey!!!

Fall is upon us and in full swing. The leaves are changing color, cool crisp mornings and everything pumpkin has invaded the local Dunkin Donuts and Starbucks. With the change in season brings change in hazards: wet morning roads, frost, lack of day light, etc. Please be vigilant and ensure our work forces are prepared for the changes.

David Guirguss and I will be attending the annual Leadership Conference this week in Chicago. Look for more information to come out following the event.

Slainte!  
Michael McGowan, CHMM  
Penn-Jersey President

## What's New

**ASSE News:** Are you looking to earn 5.6 CEU's? Then you may want to consider registering for SeminarFest. This is an opportunity to choose from over 90 seminars that provide you with managerial, leadership, technical, and skill-building topics. SeminarFest is held February 9<sup>th</sup>-16<sup>th</sup> in Las Vegas, Nevada. A list of the seminar topics and registration information can be viewed at the following website: <http://seminarfest.asse.org>.

## Safety this Month Daylight Saving Time:

Sunday November 6<sup>th</sup> marks that time of year when it starts to get darker earlier. So during this time of year remember to stay safe driving as we set our clocks backward by one hour. Here are some tips brought to you by the National Safety Council for [driving at night](#).



## ASSE Local Chapter News:

Present member and past President (2005-2006) of our Penn-Jersey Chapter, Eric Voight, was awarded the Charles V. Culbertson Outstanding Volunteer Service Award during the Safety Professional Development Conference in Atlanta this year. The award recognizes ASSE Board members, committee members, or practice specialty officers who have provided outstanding volunteer service to the society in the past year. His volunteer contributions involved being chair of the task force that developed the ASSE construction Safety Symposium and working within the Council on Practice and Standards. Currently, he is the Associate Director at J.A. Montgomery Risk Control. Let's give Eric a round of applause, congrats!





Check out the latest [Howard Talks Tech](#) written by our very own Howard Spencer. These articles are perfect discussion starters that are useful in guiding others to safety so please take a moment and check out the collection of topics.



If you are currently signed-up for LinkedIn don't forget to connect with the ASSE Penn-Jersey Chapter network. We have 59 members and counting! Who will be the next member?

We are still selling "I LOVE SAFETY" t-shirts for \$20/each. All proceeds from the sale benefit the ASSE Foundation. Please contact Danielle DiGironimo if you are interested in making a purchase at [ddigironimo@hotmail.com](mailto:ddigironimo@hotmail.com).



### OSHA News – Seasonal Flu

OSHA is providing information to workers and employers in healthcare and non-healthcare industries about reducing the spread of the seasonal flu. The information is not a standard or regulation, but to be used as guidance. The best defense to reducing your risk of exposure is by protecting yourself and by getting vaccinated. It is recommended for everyone to get a flu shot before the end of October, which is the start of the flu season. More than 50% of those who get sick with the flu still come to work, which usually leads to much more work time lost in the end. The flu is responsible for 70 million missed workdays so it is best to educate yourself and employees to keep healthy this time of year. <https://www.osha.gov/dts/guidance/flu/>

**SPREAD FACTS, NOT GERMS**  
this Flu Season

**EMPLOYERS SHOULD:**

- ✓ PROMOTE VACCINATION
- ✓ ENCOURAGE SICK WORKERS TO STAY HOME
- ✓ PROMOTE HAND HYGIENE AND COUGH ETIQUETTE
- ✓ KEEP THE WORKPLACE CLEAN
- ✓ ADDRESS WORKER TRAVEL CONCERNS



### Upcoming Events

#### Technical Session

Mark your calendars because our next technical session will be held on October 18<sup>th</sup> at 5pm at the traditional Villa Mannino Ristorante, 73 Route 130, in Bordentown, New Jersey. Registration will begin at 5:00 PM at a cost of \$30. Technical sessions can be used for 0.08 COC points under "Continuing Education Courses/Seminars" per BCSP's Continuation of Certification Guide.

During the next technical session Christina M. Faust, Senior Project Manager, Whitman, Cranbury, NJ and Mark Hasting, Director, Whitman, Cranbury, NJ will be speaking on the topic of construction safety. Specifically safety at construction sites with discussions on recent changes to OSHA's regulations and on the new confined space rule and crystalline silica rules and how they will impact the construction industry. The discussion will include understanding where the costs and benefits of implementing the rules may be distributed. For example, the silica rule provides a long-term cost benefit to society. The cost to implement will be on the construction industry, but the savings may not be.

Christina M. Faust has spent 15 years as an environmental specialist providing both technical expertise and project management experience to a diverse set of public and private clients nationwide. Her experience and focus has been on safety, compliance, environmental investigation, and remediation across media including air, soil, groundwater, surface water and biota in support of construction, research and regulatory projects. Her previous clients have included oil & gas, US Army, US Air Force, Army COE, regulatory agencies, utilities and chemical manufacturers. Ms. Faust is an Associate Safety Professional (ASP), a member of the Society of Woman Environmental Professionals (SWEP), and is an active member of the

West Orange's Emergency Response Team. Prior to joining Whitman, Ms. Faust lead PSE&G's Environmental Training Program and has also worked for NJ Department of Environmental Protection and Sanzari Construction.

Mark Hasting has more than 17 years of experience in the environmental project management and safety field and has worked as a Licensed Site Remediation Professional (LSRP) for over 6 years. He is responsible for managing environmentally impacted sites from the initial investigation through closure including receptor evaluations, public notification and the investigation and remediation of any impacted soil and ground water. He has experience utilizing innovative investigatory and remedial technologies on sites. He has extensive experience with regulatory compliance with many state and federal regulations including the NJDEP, EPA, OSHA, NYSDEC, PADEP and USDOT as it relates to potentially impacted sites. He is a Licensed Site Remediation Professional, Certified Safety Professional, Registered Environmental Manager and a Certified Project Management Professional.

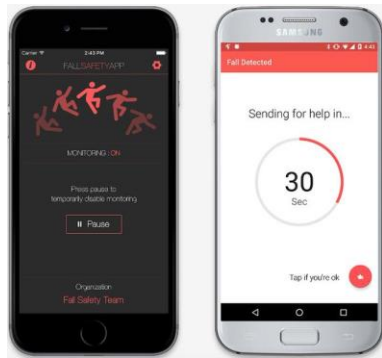
## Have Something to Share with the Chapter?

Contact our newsletter editor, Julia Toth at [jtoth@pppl.gov](mailto:jtoth@pppl.gov).

*Be Safe!*  
*Penn-Jersey Executive Board*

### App of the Month

For this fall season download the [Fall Safety App](#) on your android or iPhone. The app detects a fall and automatically summons help from an emergency contact who will be alerted in 45 seconds. The app monitors your phone for sudden movements that



indicate a fall. You can use the app for personal use or for an organizational use. A free version will send your emergency contact an email and an inexpensive plan version will send messages (email, text, voice) and give you access to an online dashboard. Response time matters so keep you, your family, and your employees safe in emergency situations.